

Factors influencing to achieve the
independence of the stroke patients in
activities of daily living: An explorative study

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March 2004

1. ABSTRACT

The research project found the factors which influencing the independence to perform the activities of daily living. An activity of daily living is the very big area. This project only analysed the dressing and feeding skills of the patient with stroke. The qualitative method used to explore the findings. The population was selected as, those stroke patients who had the ability to perform dress and feed independently, but at home they were not using those skills. They were dependent. The random sampling method used to select seven patients and their caregivers. The data collected from the patients and from the caregivers of those patients. The face-to-face semi-structured explorative type of interview was conducted to collect the data. Firstly the questions were analyzed than the category came out then according to the answer of the category the theme emerged. The result found that the available constant caregiver's helps was the main factor that influences negatively to be dependent at home. All of another factors emerged as the secondary consequence of the availability of constant caregiver.