

**PERCEPTION OF PEOPLE WITH COMPLETE
PARAPLEGIA TOWARDS THEIR RELATED COMMON
HEALTH PROBLEMS: ADJUSTMENT REQUIRED WITHIN
PAID EMPLOYMENT**

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Abstract

Title

Perception of people with complete paraplegia towards their related common health problems: Adjustments required within paid employment.

Objectives

To identify the common health related problems those interfere with performance in paid employment of people with complete paraplegia.

To explore how people with complete paraplegia cope with pain during working period.

To explore how people with complete paraplegia maintain pressure care during working period.

To explore the coping process with bowel and bladder problem of people with complete paraplegia during working period.

Study design

The study was phenomenological, qualitative design to collect in-depth picture from perception of the participants and their experiences of the phenomenon. Semi-structured, face-to-face interview was conducted to collect the data.

Samples

Purposive sampling was used to achieve a diversity of the sample and maximum information about the phenomena. Five participants who met the inclusion criteria were selected for the study.

Setting

Organizations where people with complete paraplegia are performing paid job.

Results

Most of the participants informed that most common health problems are bowel and bladder problem, pressure sores, pain, spasm. Some other problems are also associated with this such as headache, fever and psychological. The findings of this study indicate that participants had to cope with ongoing health problems, such as bowel & bowel, pain and pressure sores during working period.

Conclusion

Spinal cord injury can lead to many health problems that change body function, impede socialization, create permanent impairments and influence an individual's ability to engage in daily activities mainly in paid employment. The person living with an SCI has no choice but to be careful, in order to maintain some control over the consequences of living with a SCI.

Key words: Adjustment, Common health problems, Paid employment, Complete paraplegia, Perception