

**Mothers' Perception of Children with Cerebral Palsy about
Dressing Education Program at Inpatient Paediatric Unit of
CRP**

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Abstract

Dressing is a component of Activities of Daily Living (ADL) that is the central part of Occupational Therapy practice. Children with cerebral palsy have problem in self dressing and their mothers also face difficulty to dress and undress them. So dressing education program is arranged on inpatient paediatric unit as a part of Occupational Therapy intervention. This study focused to know the mothers' perception of children with cerebral palsy about dressing education program at inpatient paediatric unit of CRP. The objectives were to find out mothers' understanding and learning from dressing education program. Besides this identify strengths and weaknesses of the program and mothers' suggestion to update the program.

This study is conducted by using qualitative grounded theory. The data was collected through interviews. Nine participants were selected by using purposive sampling from inpatient paediatric unit. Researcher used semi-structured questionnaire, open ended and close ended face to face interview for collecting data. Data was analyzed by using content analysis.

From the findings of the research, it is seen that mother of children with cerebral palsy are understand all the information clearly as all the techniques are demonstrated by dolls and pictures and the Therapist describe all information in a easy way. They think that this program enhances their learning about their child's dressing problem and its management and so this education program is important for them and their children.

They provide some recommendation to improve the program such as to use large and colorful picture and show the techniques in television by video.

Key words: Cerebral Palsy, Inpatient paediatric unit of CRP, Dressing education program, Mothers' perception.